

CURRICULUM VITAE

Martin Nemec

07/31/1984

International licensed FIVB instructor



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Certificates

- International FIVB Instructor of Volleyball
- Physical trainer 3rd qualification degree
- Fitness 3rd qualification degree
- Bodybuilding 3rd qualification degree
- TRX group training (GSPC)

Skills

- Coaching
- Analyzing individuals/ teams
- Mentoring
- Coaching seminars
- Establishment of training centers
- Detecting talented athletes
- Process improvement
- Production of volleyball equipment
- Publishing books

Career as a coach

- 2018 – 2021, Woori Card Wibee (South Korea)
Assistant Coach / male
- 2021 – 2022, IBK Altos (South Korea)
Assistant Coach / female
- 2022, Slovak National Team (Slovakia)
Assistant Coach / female
- 2022 – 2022, VK Pirane Brusno (Slovakia)
Head Coach / female
- 2022 – 2023, Mita Volley Team Prievidza (Slovakia)
Head Coach / male
- 2023 – 2024, ŠVK Tatran Banská Bystrica (Slovakia)
Head Coach / male



Career as a player

- 2002 – 2003, VKP (Slovakia)
- 2003 – 2004, Humenne (Slovakia)
- 2004 – 2005, VKP (Slovakia)
- 2005 – 2006, VKP (Slovakia)
- 2006 – 2007, Rennes (France)
- 2007 – 2008, Ziraat Bankasi (Turkey)
- 2008 – 2009, Perugia (Italy)
- 2009 – 2010, Perugia (Italy)
- 2010 – 2011, Citta di Castello (Italy)
- 2011 – 2012, Korean Air (South Korea)
- 2012 – 2013, Korean Air (South Korea)
- 2012 – 2013, Police (Qatar)
- 2013 – 2014, Constanta (Romania)
- 2014 – 2015, Trentino (Italy)
- 2015 – 2016, KB Stars (South Korea)
- 2015 – 2016, Al Jazira (Abu Dhabi)
- 2016 – 2017, Beskitas (Turkey)
- 2017 – 2018 1st half, Siena (Italy)
- 2017 – 2018 2nd half, Sumselbabel Bank (Indonesia)

Achievement of my life

My family. Wife Lenka and 3 small kids Alesia, Mathias and Lucas.

All achievements

- 2x winner of the Slovak Championship
- Winner of the European League 2008 with Slovakia
- 1st place in the Italian Volleyball League, Trentino, 2015
- Winner of Romanian Champion 2014
- Winner of Romanian Cup 2014
- 2x finalist of the Korean League with team Korean Air, South Korea, 2011 – 2013
- Player of the year 2010, Slovakia
- 5th place at the European Championship 2011
- Winner of Challenge Cup 2009, Perugia, Italy
- 150 starts in National Team of Slovakia

Languages

- Slovak
- Czech
- English
- Italian
- Korean

Interests

Keep learning, sport books and events, traveling and exploring new cultures

Life credo

I teach them way more than what I knew when I was a player.

